



Serving University of  
Ottawa Since 1967



112 Osgoode St  
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# LUNCH AND DINNER

Mon-Fri: 11:45am-10:30pm | Sat-Sun: 2pm-10:30pm

## MUNCHIES

<b>WINGS</b>	1 lb: \$11.99   2 lb: \$21.99	<b>CHICKEN FINGERS &amp; FRIES (4)</b>	\$11.49
Mild   medium   hot   honey garlic   sweet chili   korean BBQ   lemon pepper   cajun		Tossed in wing sauce: \$0.75	
Add fries: 2\$ (does not apply on wing night)		Make it 6 pieces for \$14.49	
<b>SWEET POTATO OR CURLY FRIES</b>	\$8.99	<b>COMBO PLATE</b>	\$15.99
<b>ONION RINGS</b>	\$6.99	2 chicken fingers   2 mozzarella sticks   2 chicken wings   onion rings   perogies   fried pickles   fries   side sour cream   side plum sauce   side ranch	
<b>PEROGIES (10)</b>	\$11.99	<b>VEGETARIAN COMBO</b>	\$12.99
Stuffed with cheese and potato   Topped with bacon and onion   side sour cream		4 perogies   2 mozzarella sticks   onion rings   fried pickles   fries   side sour cream   side ranch	
<b>MOZZARELLA STICKS &amp; FRIES (6)</b>	\$9.99	<b>QUESADILLA</b>	\$10.99
<b>BATTERED CAULIFLOWER</b>	\$8.99	Tomato   green pepper   cheese   topped with cajun mayo	
Any wing sauce		Add chicken \$2	
<b>GARLIC FINGERS</b>	\$7.49	<b>CHEESE NACHOS</b>	\$9.99
Pita with garlic butter   cheese   side ranch		<b>F&amp;S SUPREME NACHOS</b>	\$12.99
<b>FRIED PICKLES &amp; FRIES (6)</b>	\$8.99	Cheese   salsa   tomato   onion   green pepper   jalapenos   corn   black beans   side sour cream	
<b>SPINACH CHEESE DIP</b>	\$12.49	Add chicken or beef \$3	
<b>FRENCH ONION SOUP</b>	\$6.95	Add Guacamole \$1.50	

## SALADS

<b>GARDEN SALAD</b>	S: \$5.99   L: \$8.99
<b>CEASAR SALAD</b>	S: \$7.99   L: \$11.99
<b>GREEK SALAD</b>	\$11.99

Add chicken breast for \$3.50

## POUTINE

<b>TRADITIONAL POUTINE</b>	\$9.49
<b>CURLY FRY POUTINE</b>	\$11.49
<b>SMOKED MEAT POUTINE</b>	\$13.49
<b>BACON AND ONION POUTINE</b>	\$11.49

## KIDS MENU

<b>CHICKEN FINGERS AND FRIES (2)</b>	\$7.99
<b>PERSONAL PIZZA</b> Cheese or Pepperoni	\$7.99
<b>SPAGHETTI &amp; MEAT SAUCE</b>	\$7.99

## F&S FAVOURITES

<b>TRADITIONAL SPAGHETTI</b>	\$12.49
Spaghetti served with meat sauce   garlic bread	
Add meatballs \$1.50	
<b>CHICKEN PARMIGIANA</b>	\$14.49
Breaded chicken   meat sauce   cheese   side spaghetti   garlic bread	
<b>ZESTY ITALIAN SANDWICH</b>	\$13.99
Our chicken parm between two garlic breads with a side caesar salad	
<b>BAKED LASAGNA</b>	\$14.49
Homemade beef lasagna   side caesar salad   garlic bread	
<b>CHICKEN RICE BOWL</b> <b>NEW</b>	\$13.95
Chicken   rice   black beans   corn   lettuce   tomato   cucumber   cajun mayo   guacamole   salsa   sour cream	
<b>FISH &amp; CHIPS</b>	\$15.49
Crispy battered Haddock fillet   coleslaw   tartar sauce   fries	
<b>SOUVLAKI PLATTER</b>	\$15.49
Grilled skewered chicken   rice   potato wedges   Greek salad   tzatziki sauce   garlic bread	
<b>CHICKEN BURRITO</b> <b>NEW</b>	\$14.49
Chicken breast   black beans   corn   lettuce   rice   Cajun mayo   guacamole   served with fries or garden salad	

## HANDHELDS

All handhelds include fries or garden salad.  
Upgrade to any of the following sides for \$2.75:  
Poutine | Caeser salad | onion rings | sweet potato  
fries | curly fries

**BLT** \$9.49

**GRILLED CHEESE** \$9.49  
Add Tomato or Bacon 1.25

**SMOKED MEAT ON RYE** \$13.00

**CHICKEN CAESAR WRAP** \$12.99  
Romaine Lettuce | bacon | Caesar dressing with grilled or  
crispy chicken

**FAJITA WRAP** \$14.49  
Grilled chicken with sautéed veggies | sour cream |  
guacamole | salsa

**BUFFALO CHICKEN WRAP** \$14.49  
Breaded chicken | buffalo sauce | tomato | lettuce | side  
Ranch  
Add cheese: \$1

**PHILLY STEAK WRAP** **NEW** \$14.49  
Sliced steak with sautéed veggies | cheese | gravy | side  
sour cream

**MIKE'S CLUB** \$14.49  
Grilled chicken | bacon | cheese | sliced pickles | lettuce |  
tomato | Cajun mayo

**CLASSIC CLUBHOUSE** \$14.49  
Triple decker with grilled chicken | bacon | lettuce | tomato  
| mayo

## BURGERS

**F&S BURGER** \$12.49  
Lean ground beef | fried onions | lettuce | tomato | pickles  
Add cheese \$1

**GEE-GEE'S BURGER** \$14.49  
Lean ground beef | BBQ sauce | bacon | cheese | fried onions |  
lettuce | tomato | pickles

**BUFFALO CHICKEN BURGER** \$14.49  
Breaded chicken | buffalo sauce | tomato | pickles | lettuce | side  
ranch sauce  
Add bacon: \$1.25

**SWISS-MUSHROOM BURGER** \$14.49  
Lean ground beef | Swiss cheese | mushrooms | fried onions |  
lettuce | tomato | pickles

**SAMMY'S BURGER** \$14.49  
Lean ground beef | Swiss cheese | bacon | Cajun mayo | lettuce |  
tomato | pickles | onions  
Add jalapeños : \$0.50

**SOUTH WEST BURGER** **NEW** \$15.99  
Lean ground beef | cheese | onions rings | BBQ sauce | Cajun  
mayo | bacon | lettuce | tomato | pickles  
Add jalapeños: \$0.50

All burgers include fries or garden salad.  
Upgrade to any of the following sides for \$2.75: Poutine |  
Caeser salad | onion rings | sweet potato fries | curly  
fries  
Extra Patty: \$3.15  
Veggie Patty: \$1.50

## PIZZA

**CLASSIC COMBO** S: \$14.49 L: \$23.99  
Pepperoni | green peppers | mushrooms | cheese

**F&S DELUXE** S: \$15.49 L: \$25.99  
Pepperoni | bacon | ground beef | ham | green  
peppers | mushrooms | green olives | cheese

**HAWAIIAN** S: \$13.49 L: \$22.99  
Ham | pineapple | cheese

**BUILD YOUR OWN**

One Ingredient	S: \$12.49 L: \$20.49
Two Ingredient	S: \$13.49 L: \$22.49
Three Ingredient	S: \$14.49 L: \$23.49
Four Ingredient	S: \$15.49 L: \$24.49

**VEGGIE DELUXE** S: \$15.49 L: \$23.99  
Green peppers | mushrooms | green olives | onions | tomato |  
cheese

**BBQ CHICKEN** **NEW** S: \$15.49 L: \$24.99  
BBQ sauce based | chicken | red onion | mozzarella and cheddar  
cheese

**CANADIAN** S: \$14.49 L: \$23.99  
Bacon | pepperoni | mushrooms

Topping choices:  
Pepperoni | green pepper | jalapeno | banana pepper | green  
olives | mushrooms | tomato | onion | bacon | ham | pineapple

## DESSERTS

**HOT FUDGE BROWNIE** \$7.99

**APPLE CRUMBLE** \$7.99

**VANILLA ICE CREAM** \$4.99

## WING NIGHT

Mondays & Saturdays After 7pm

10 or 20 wings (See sauces above)

## HAZP PRICE NACHOS

Tuesdays after 7pm

## BEVERAGES

**SOFT DRINKS** \$2.99  
Pepsi | Diet Pepsi | 7up | Ginger Ale | Ice tea | Soda Water |  
Orange Crush | Lemonade  
Free refill

**JUICE** \$3.25  
Apple | Orange | Cranberry | Pineapple

**CHOCOLATE MILK** \$3.25

**TEA** \$2.25

**COFFEE** \$2.25

**HOT CHOCOLATE** \$3.25

Prices subject to change, extra charge applicable on holidays  
Tax not included